

Telos Channelling 17<sup>th</sup> March 2011

By Sue Parry

Archangel Metatron

Today and everyday please connect to this wondrous Resurrection Flame. This flame will enhance your spiritual path and develop your DNA and bodies in preparation for your initiations and bringing in the eternal help and love from the Mother/ Father God, the creator.

Many souls incarnated at this time forget to ask directly to God, the creator for help. The intent of asking for help with faith is given and available for all. Dearly Beloved beings, we are here to help you please all on us at any time.

Over the next few days' momentous happenings occur for the planet. You will no doubt have heard of the Cosmic Trigger. The energy that enters through the portals will endeavour to open up this Beloved Mother Earth and humanity to an increased vibration. Connect to this energy with intent and allow it to assist you.

Believe that you are all where you need to be on your paths at this time. Time and energy are shifting so fast now in preparation for ascension. Know Beloved Ones you are greatly blessed for your planetary service and for the work you are doing, knowingly and unknowingly.

Time in the higher planes does not exist, but with great respect your work on this beloved planet is carried out to time factors. Be alert, listen and allow your awareness to be active to events and your surroundings. There is much for you to notice and receive in this time zone.

I Am helping each and everyone present here and indeed all those who are dedicating their lives to planetary service. With Love in my heart and from the very Heart of The Creator continue to love yourself even more. This is the main factor. Love is the glue to your ascension process.

I Am Metatron

Adama now steps in.

Adama

Dearest brothers and Sisters, Aurelia and I are here with you, listening and passing telepathically increase wisdom for you each to absorb within your higher minds to bring down into your conscious minds and pass onto others.

Always be aware when you are guided to speak that the information comes from the higher planes. Tonight share together a prayer for those who are leaving and those arriving on this planet. The process never stops dear ones. Angels and souls are all working diligently for the blessing of your ascension.

Pause I will ask that you each take a few minutes to say your personal prayer in silence now.

Thank you for your love and prayers. They are greatly received and appreciated and will assist so many.

I Am Adama.

Aurelia steps in now

Thank you all for your Telos work this week. We have been communicating with you in all the temples during your rest and sleep time. There have been so many receiving teachings and guidance enabling each person to increase their vibration. Before you go to sleep actively request to receive these teachings.

Time is moving so fast on planet earth. The portals are extremely busy, the angels working diligently to increase the momentum of energy for humanity and helping Mother Earth in her ascension process. Be reassured you are working consciously and unconsciously to increase your vibration and indeed succeeding.

Keep up your personal momentum by increasing your study time when and where appropriate for your daily lives.

I Am Aurelia, your sister and friend.